



**Club Notre Dame Sportif des Sœurs Antonines
Hazmieh**



Ref: Cir 076 /18

Hazmieh, Nov. 28, 2018

“Club Notre Dame Sportif” invites you to their ***Fitness Gym*** with a Personal Trainer follow up program, Monday to Saturday from 7:30 am till 10 pm for **65\$/month**.

Special Offer

1- 50\$	Parents of Taekwondo students and other activities organized by the school <u>(twice per week)</u>
2- 55\$	Our students of Grade 9 till Grade 12

Reminder: Classes available for <u>50\$ per month</u>	Kids Ballet	4 years old and up	Tues. & Fri. at 5:00 pm
	Kids Gymnastics	5 years old and up	Tues. & Thurs. at 3:00 pm
	Boxing	16 years old and up	Tues. & Thurs. at 6:30 pm
	Zumba	10 years old and up	Tues. & Fri. at 6:30 pm

For more information, call the trainer Mike FEGHALI on 03-106705.

Waiting for you!

The Administration